



# Echo Lake Camp 2009

## Youth Camp, Counselor-in-Training Program, Teen Weekend

### About Echo Lake Camp

Our camp is perched atop a 7400 ft. ridge overlooking Lake Tahoe. Campers sleep in rustic wooden tent cabins. Three hot meals are served in our dining hall. From sunrise past sunset, campers can participate in swimming, hiking, canoeing, sports, arts & crafts, games, campfires, night hikes and other organized activities. Echo Lake and the trails of Desolation Wilderness are just minutes away.

### Registration

Registration forms can be found on our website, [www.cityofberkeley.info/camps/](http://www.cityofberkeley.info/camps/) or call (510) 981-5140, or come into the Camps office at 1947 Center St. in Berkeley, Monday through Friday 9am-5pm. Please feel free to call us if you have any questions!

### Youth Camp

**July 6 – Aug 21** *8-13 year olds*

**Youth Camp is a five-day overnight camp available in six sessions.**

The goal of our staff is to create an exciting and nurturing environment where kids can develop self-confidence, teamwork skills, and try fun challenges. We want our youth to get a sense of connection to themselves, their friends, and the environment. Each cabin has a Leader who emphasizes safety, leads recreational activities, and serves as a mentor.

Canoeing, swimming, sports and art programs occur before lunch. After the afternoon all-camp games, campers have a choice between swimming, fishing, sports, archery, arts & crafts, or hiking. In the evenings campers participate in events like a night hike, campfire, a dance, stargazing, or a talent show.

### Counselors-in-Training

**July 6-Aug 21** *14-15 year-olds*

C.I.T.s rotate between the three departments (recreation, maintenance, kitchen) and thus develop a broad set of job and social skills. Supervised carefully by staff, they perform valuable camp work, but can also experience and contribute to Camp from "behind the scenes". Training and team-building activities help create a strong CIT team. There are a total of six one-week sessions. **C.I.T.s must apply to be accepted into this program.** Applications are available in the office and online. C.I.T.s may sign up for more than one session.

### Teen Weekend

**August 7- 10** *13-17 year-olds*

Teens who attend can take part in hiking, canoeing, arts, sports, a dance party and other teen-focused programming.